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# Dr Oz Muffin Top Liposuction With Dr. Stewart Linder

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## Dr Oz Muffin Top Liposuction Fat Gone In 30 Minutes

Dr Oz Muffin Top Fat -- This segment of the [Dr Oz Muffin Top Liposuction With Dr. Stewart Linder](#) Sheila wants to get rid of her muffin top, before having kids she was able to wear bikini's, low rise jeans -- her body has not been the same trying to hide her muffin top. Sheila works out, eats healthy and nothing seems to get rid of the muffin top. This segment is part 2 of Dr Oz's cutting edge plastic surgery alternatives -- part one was [Dr Oz Ultherapy Skin Tightening Non Surgical Face Lift Look 10 Years Younger In 30 Minutes](#) -- Get Rid Of The Turkey Neck!

Dr Oz sent Sheila to Dr Stewart Linder a top plastic surgeon who performed a cutting edge procedure to remove the excess fat around her waistband the muffin top.

Dr Linder said Sheila is like many women, they've had children, tried diets and exercise the fat is resistant they can't get rid of it. The best option for the muffin top is a special liposuction technique were we permanently remove the fat.

Dr Linder went on to say that women come to him from around the world with the same problem, this area of fat is resistant to diet and exercise and the muffin top is really difficult to conceal especially wearing jeans. It a large roll of fat that hangs over and is embarrassing.



This is Sheila's before and after shot only 6 days after having her muffin top removed by Dr. Stewart Linder. This form of liposuction is done in a different zone, it's the hip area the lower flank upper hip focusing on these two areas. It is a minimum invasive procedure and use IV sedation in many of the cases.

Dr Linder did the muffin top liposuction procedure on Sheila a week before the airing of the Dr. Oz Show. Sheila was IV sedated and a small incision they went in and sucked out the fat and that was it, closed up with one stitch and voila it was all done. This procedure took 25 minutes and the down time is only one to two days and was back to work 48 hours later. She said it didn't hurt and she didn't feel a thing.

Sheila is very happy with her results and she said she is bringing sexy back!

Muffin top liposuction is \$2000.00 to \$3,500.00 and two weeks for results. Liposuction fat does not come back in the same area again, however if you don't maintain your diet and exercise other areas can gain weight says Dr Linder.

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