



Beverly Hills Plastic Surgeon Dr. Stuart A. Linder Highlights Coined Liposuction Terms on National Television

Beverly Hills plastic surgeon Dr. Stuart A. Linder discusses the popularity of coined liposuction terms on national television.

Beverly Hills, CA ([PRWEB](#)) April 6, 2011 -- Internationally recognized Beverly Hills Board Certified plastic surgeon, Stuart A. Linder, M.D., F.A.C.S. has been featured on various national television programs discussing the increasingly popular terms associated with liposuction. A common procedure that is primarily performed on female patients, liposculpting in very specific parts of the body has become the latest trend. Some of the trendy, coined problem areas are known as the “bra bulge,” “muffin top,” “muffin bottom,” and “saddlebags.”

As [liposuction](#) techniques evolve, patients are able to improve their most bothersome areas. The bra bulge refers to the fat accumulated on the outer edge of the chest muscle that is pushed out when wearing a bra. A muffin top continues to be a problem that women struggle with; this is when excess fat on the sides of the abdomen overlaps the waistline when wearing pants or any other type of bottoms that snugly sit there. The muffin bottom and saddlebags refer to the areas of excess fat below the buttocks and on the outer portion of the thighs, respectively.

Whether targeting the bra bulge, muffin top, muffin bottom, or saddlebags, Dr. Linder carefully and skillfully removes stubborn fat deposits to reveal a better-contoured shape. He typically uses the “bi-directional tumescent liposuction” technique. This body contouring method reduces swelling, bleeding, bruising, and pain post-surgery. Depending on where the procedure is performed, it may take as little as 15 minutes to complete and most patients may return to work in 48 hours. Regardless of the area treated, a compression garment must be worn to help the skin heal properly in its new contour.

Dr. Linder states: “Women throughout the world have similar issues on localized fat distributions throughout their body that they prefer to have removed through Liposculpturing. As a result, specific liposculpture of areas that are common are the “muffin top,” “muffin bottom,” “bra bulge,” and “saddlebags.” These are universally consistent troublesome areas in women that present to my office weekly.”

Dr. Linder is board certified by the American Board of Plastic Surgery (ABPS), as well as a member of the American Society of Plastic Surgeons (ASPS). His training and expertise in liposuction techniques has provided him the ability to produce beautiful, natural-looking results. Further information regarding the bi-directional tumescent liposuction technique can be discussed during a visit with Dr. Linder at his Beverly Hills practice.

###



Contact Information

Jennifer Galvan

Plastic Surgery Studios

<http://www.plasticsurgerystudios.com>

909-758-8263

Online Web 2.0 Version

You can read the online version of this press release [here](#).