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Beverly Hills Plastic Surgeon Dr. Stuart A. Linder Featured on ABC's 20/20 with Barbara Walters Discusses 'Newest Innovations in Technology for Cosmetic Breast Surgery'

Board certified Beverly Hills plastic surgeon Dr. Stuart A. Linder appeared on ABC's 20/20 with Barbara Walters, February 24, 2012. He discussed the newest innovations in technology for cosmetic breast surgery, such as the Natrelle® Style 45 Extra High Profile, silicone gel implant.

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"It was a humbling experience and privilege to work with Barbara Walters," says Dr. Stuart A. Linder, board certified [Beverly Hills plastic surgeon](#). "To be interviewed in New York, and have patients followed in and out of the operating room for this 20/20 special."

“It was a humbling experience and privilege to work with Barbara Walters”

This particular 20/20 special, "The Cutting Edge: Breasts" segment, aired on February 24. During this segment, Dr. Linder discussed the newest innovations in technology for cosmetic breast surgery, and specifically talked about the latest advancement of the silicone gel implant. Dr. Linder described the Natrelle® Style 45 Extra High Profile by Allergan as "high and hot" and his "favorite implant of 2012," as compared to what he calls the "flat and fat" low profile implant, referring to the Natrelle® Style 10 that was the only option a decade ago. "This [the Natrelle® Style 45 Extra High Profile implant] is the newest, highest, most improved implant," he explained to Walters. Holding both types of silicone gel implants in hand as he spoke to Walter, viewers were able to see the differences between the profiles firsthand.

This 20/20 plastic surgery special also featured two of Dr. Linder's patients and their experience with breast surgery, both having sought his help for different reasons. The first woman featured was unhappy with the size and shape of her breasts after childbirth, saying "I just want my curves back." In this case, Dr. Linder performed [breast augmentation](#) with saline implants in combination with a breast lift, using the "lollipop" technique to avoid obvious scarring. "The lollipop breast lift is [we have] an incision around the nipple, down the middle of the breast, and all the way underneath the crease," he explained. "We are able to limit that scar under the fold."

The second featured patient was a personal trainer whose breast implants were significantly too large for her body, which in turn, developed sagging and heaviness to her body and back. Dr. Linder admitted that one of the most common mistakes some doctors actually make with breast augmentation is "going too large." Now with stretched, thinning skin and droopy breasts that are too big for her body, this 37-year old patient said she just wanted to be "normal." "She now has had thinning out of her tissue, you can visually see the bag, and her breasts are now sagging and hanging," explained Dr. Linder. Her body and back aches were a result of having large silicone implants that measured her to a size 32 F (an exchange from her initial breast augmentation with saline implants, which made her a size DD at 24 years old).

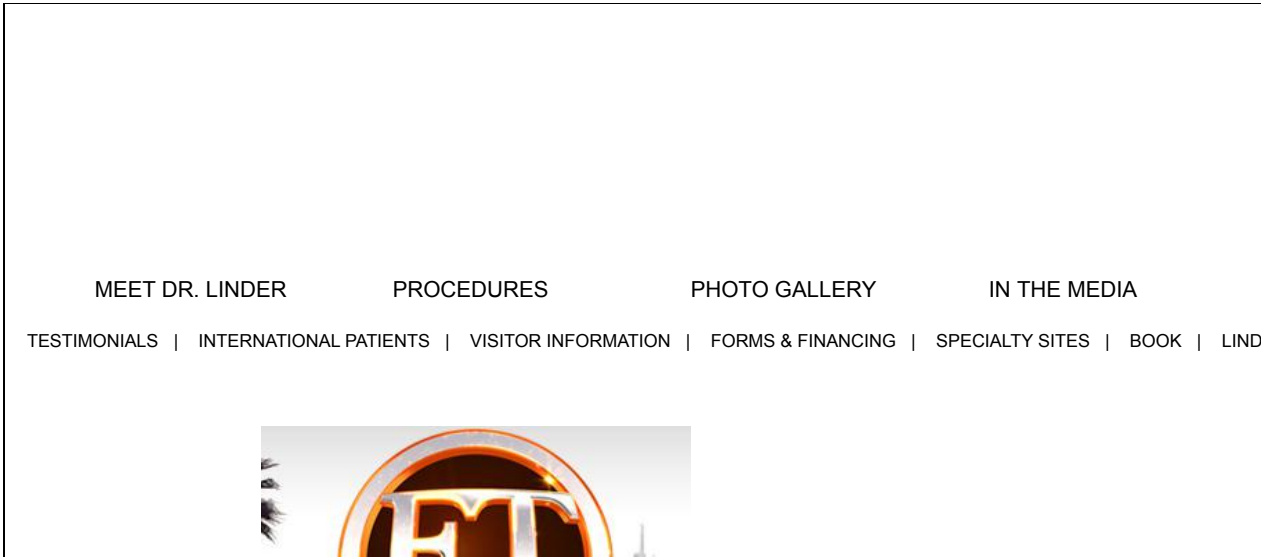
Using the latest, innovative implant technology, Dr. Linder was able to alleviate the patient's discomfort by removing her 10 pounds of silicone and inserting new implants. In order to improve the patient's aesthetic problem, he made a "nest" for the implant made out of Strattice, a derivative of pig skin, to support the implant. "It covers and integrates in the woman's tissue to give it, like, a bedspread over the implant. It hides the wrinkling of the implant," Dr. Linder affirmed to Walters.

Dr. Linder, a breast augmentation and [breast implant revision](#) specialist with more than 15 years of experience, has dedicated his plastic surgery career to sculpting women's bodies into more aesthetically pleasing contours. Board certified by the American Board of Plastic Surgery (ABPS), he is also a diplomat of the American College of Surgeons (ACS), a member of the American Society of Plastic Surgeons (ASPS), and a member of the American Medical Association (AMA). Dr. Linder is frequently featured as a plastic surgery expert in the media, such as on The Learning Channel (TLC), The Doctors, Discovery Health Channel, and Women's Entertainment Network, as well as a correspondent for Entertainment Tonight (CBS) and a consultant for the Dr. Oz Show.

For more information about Dr. Linder, a board certified Beverly Hills plastic surgeon, please visit <http://www.drfinder.com>. Dr. Linder is available for interviews and commentary.

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