



Cosmetic Surgery

Are you thinking about cosmetic surgery and wondering what to expect? Dr. Robert Kotler is a board certified cosmetic facial surgeon in Beverly Hills. He's here to discuss how to select a cosmetic surgeon, computer imaging, celebrities makeovers, and much more.



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Wednesday, January 27, 2010

The Case for Surgery by Two Complementary Cosmetic Surgery Superspecialists

BOOKMARK

This past week I engaged in an operation at which both I and another cosmetic plastic surgeon cared for a particular patient.

The patient wanted to have body liposuction and, at the same time, have rhinoplasty, cosmetic nasal plastic surgery as well as nasal septoplasty and turbinate resection to correct her airway because she had difficulty breathing.

It made perfect sense for her to have both operations at the same time under the same anesthetic and to require only one recovery period. What made the operation particularly logical was that she had two surgeons. I operated on the nose and my colleague, [Stuart Linder, MD, FACS](#), whose cosmetic surgery practice is limited to body sculpture, breast augmentation and reduction performed body sculpture.

[Dr. Linder](#) and I have worked together on many cases because we both share the same philosophy. We each believe in the concept of *superspecialization*, whereby a surgeon works from a very limited menu and therefore has superior focus and the highest degree of specialization.

When perspective patients are told of the wisdom of having two surgeons, each with complimentary and yet separate surgical skills, operate at the same time, they always want to avail themselves of it. Few surgeons can be excellent at all the procedures in the world of cosmetic and reconstructive plastic surgery. It is impossible. And today, patients are more discerning than ever. They are not interested in mediocre/average results; they want a superior result. They understand that a superior result will come from a surgeon who is the most focused, the most specialized and who perform the operation they want on almost a daily basis.



I believe the time will come when more and more surgeons will be one or two operation practitioners. We are already seeing that in some areas of orthopedic surgery where the specialty is so broad and complex that certainly it is very hard for any one surgeon to maintain superior skills performing everything from back surgery to hand surgery to repairing broken limbs, etc. It is the same in ophthalmology where now we have ophthalmic plastic surgeons - we have ophthalmologists who specialize in corneal replacement or retina surgery or cataract surgery.

The one truism that applies everywhere in the world of surgery, across all specialty lines, is that the more specialized the surgeon, the greater the likelihood of a satisfactory outcome for the patient.

The bottom line - think **superspecialist!**

- Robert Kotler, MD, FACS

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Posted by: [Robert Kotler, MD, FACS](#) at 1/27/2010 04:32:00 PM

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Superspecialist is a great idea. They're a specialist for a reason--because they know a LOT about the specific area.

Jan 29, 2010 11:46:00 AM

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