



Cosmetic Surgery

Are you thinking about cosmetic surgery and wondering what to expect? Dr. Robert Kotler is a board certified cosmetic facial surgeon in Beverly Hills. He's here to discuss how to select a cosmetic surgeon, computer imaging, celebrities makeovers, and much more.



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Tuesday, November 10, 2009

Dr. Oz Discusses Massive Weight Loss and the Necessary Plastic Surgery "Finishing Touches"

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On Tuesday, November 3, 2009, [Mehmet Oz, MD](#), Columbia Medical School professor, *OPRAH* alumnus and now the host of his own highly-rated daytime talk show, *The Dr. Oz Show*, had a fascinating and educational segment.

Becky Keenan, a traveling carnival owner, had long been plagued by obesity. It seemed that regardless of what she tried, success eluded her. Finally, she had a [stomach bypass operation](#) which was very successful. Her weight dropped 140 pounds!

That was the [good news](#). The [bad news](#) was that the skin that had previously draped a rotund trunk was now excessive and hanging. Plus, her breasts had elongated downward and were no longer appropriately sized or shaped for her slimmer body. She still had not reached the finish line.

Becky sought the services of our colleague [Stuart Linder, MD](#), of Beverly Hills. [Dr. Linder](#) meets my definition of a superspecialist because he limits his [plastic surgery to the trunk and breasts](#). He does no facial work. Only breast surgery - augmentation, lifting or reduction. Plus [tummy tucks](#) and [liposuction](#). He is at the forefront of a positive trend by which practitioners narrowly focus their practice.

For Becky, [Dr. Linder](#) performed [breast lift](#) and [reduction](#), plus lifting and removing the apron of hanging abdominal skin. We viewers saw photo results at one week which were very impressive. Natural. Perfectly proportional.

Using very clever graphics and demonstration tools, Doctors Oz and [Linder](#) explained why the tissues of a once-plump body lose their elasticity.

As [Dr. Linder](#) pointed out, this is reconstructive plastic surgery at its best. It brought a happy ending to a long story of personal dissatisfaction. The segment was a tribute to one woman's determination and persistence to improve her life.

The segment can be viewed on the [Dr. Oz Show's website](#).

- Robert Kotler, MD, FACS

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Posted by: **Robert Kotler, MD, FACS** at 11/10/2009 04:11:00 PM

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